

**Theme:** Building independence, critical thinking, and future-readiness through self-empowerment and practical skills.

### Unit 1: Mastering Independence

- 1.1 Understanding Independence:
- 1.2 Time Management in the Real World
- 1.3 Effective Communication for Adults
- 1.4 Problem-Solving and Critical Thinking
- 1.5 Personal Accountability in Daily Life
- 1.6 Building Confidence in Decision-Making
- 1.7 Navigating New Responsibilities
- 1.8 Reflecting on Independence
- 1.9 Setting Short and Long Term Goals for Independence
- 1.10 Celebration of Growth

### Unit 2: Ethical Leadership and Global Citizenship

- 2.1 Exploring Ethical Leadership
- 2.2 Understanding Global Challenges
- 2.3 Promoting Sustainability and Environmental Action
- 2.4 Cultural Awareness and Inclusion
- 2.5 Digital Leadership and Online Responsibility
- 2.6 Reflecting on Personal Leadership Growth
- 2.7 Advocacy and Community Engagement
- 2.8 Empowering Others Through Leadership
- 2.9 Collaborating across Differences
- 2.10 End-of-Term Reflection and Celebrating Impact

### Unit 3: Navigating the Future

- 3.1 Exploring Life After School
- 3.2 Managing Transitions with Confidence
- 3.3 Building Financial and Budgeting Skills
- 3.4 Navigating Housing and Independent Living
- 3.5 Health and Wellness for Young Adults
- 3.6 Relationships and Support Networks Beyond School
- 3.7 Preparing for Travel or Gap Years
- 3.8 Reflecting on Life Goals and Priorities
- 3.9 Action Planning for the Future
- 3.10 Final Celebration and Legacy Project